

Native American Connections Keeping the Family Together

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NATIVE AMERICAN CONNECTIONS



Native American Connections (NAC) Mission Statement

Improving the lives of individuals and families through Native American culturally appropriate behavioral health, affordable housing, and community development services.



Overview of NAC Services

- Adult and Youth SUD Outpatient Services
 - TREE (Treatment, Recovery Enhancement & Expansion) for Adolescents
- Integrated Medical/Behavioral Health Clinic
- Residential Substance Use Treatment
 - Patina Wellness Center Pregnant & Parenting Women and Families
 - Patina Mountain Preserve) Men
- Sober Living for Adult Men and Women
- Housing
 - Affordable Workforce Housing for Families
 - Permanent Supportive Housing, Transitional, & Youth Shelter
- Community Development





Patina Wellness Center (PWC) 337 E Virginia Ave Phoenix, Az 85004 (602)226-4500

- 70 residential SUD beds for men and women & their dependent children
- Rotating curriculum evidenced and culturally based; length of stay determined by clinical need & health plan authorization
- Child Care provider assists healthy bonding connecting the coping skills parents learn in early recovery to parenting skills





Populations Served:

- NAC Priority Populations
 - Native American Substance Use Disorder (SUD)
 - Pregnant and Parenting Women
 - IV drug Users
 - Opioid Users
 - Families
- Since February 2021 PWC has serviced 26PPW women, 8 men as part of couples tx and 10 children with 24 adults completing the program
- Medication-Assisted Treatment (MAT) Friendly
- Co-occurring Disorders





- Childcare on site
- Individual support with Childcare Provider
- Group support with healthy parenting
- Clinical Support with parenting in early recovery





Facilitating Quality Care with Collaborators

- Securing funding to keep families together while parent(s) seek substance use treatment
- Supporting clients with Social Services Involvement (TSS/DCS)
- Residential medical team collaborates with Prenatal and MAT providers
- Ongoing discharge planning with focus to keep family together



Meeting a client "where they are at"...

Clinical approaches were expanded to support a client where he/she is at while emphasizing safety, overall wellness, and functionality

- Strengths perspective
- Harm Reduction viewpoint
- Person-First perspective
- Compassion and Empathy
- 12 Step Meetings
- Seeking Safety curriculum
- Mindfulness-based Relapse Prevention



Cultural Implications for Healing

- Red Road / Wellbriety
- Talking Circles
- Smudging and Prayer
- Positive Indian Parenting
- Healthy Relationships
- GONA (Gathering of Native Americans)
- Cultural Arts
- Songs and Drumming





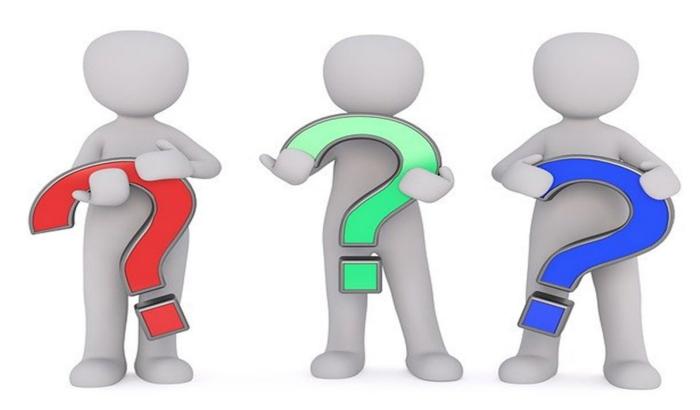
Transitioning into the Community

- Youth Housing- 2 sites with 1 in process that provide case management and clinical support for young adults ages 18-24
- Affordable Housing- 9 sites provide after school meals, childcare and tutoring





Questions?







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THANK YOU

www.nativeconnections.org